



# DONCASTER LITTLE ATHLETICS CENTRE OPEN DAY 2011

Saturday 17<sup>th</sup> December 2011  
Day / Night Meeting – 1.00pm Start

**Venue:** Doncaster Athletics Track  
George St, Doncaster (Melway Ref 33 J11)



**Entries:** \$6.00 per event or 5 events for \$25 (maximum 5 events) per athlete.  
Direct Deposit. BSB 633-000 Acc # 131989212  
Ref: Surname & Age Group,  
Email receipt & entry to [openday@doncasterlac.org.au](mailto:openday@doncasterlac.org.au)  
Cheque or Money orders payable to DLAC. **No cash in mail please.**

**Enquiries to:** [Nada M<sup>c</sup>Evoy](mailto:Nada.McEvoy@doncasterlac.org.au) 0411 557 551 [openday@doncasterlac.org.au](mailto:openday@doncasterlac.org.au)

**Closing Date:** **Sunday 4<sup>th</sup> December 2011** (entries must be received by this date)

Late Entries **will not** be accepted.

**Eligibility & General Information:** See reverse side of this form.

**Please Record your Events Entered:**

1<sup>st</sup> ..... 2<sup>nd</sup> ..... 3<sup>rd</sup> ..... 4<sup>th</sup> ..... 5<sup>th</sup> .....

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Surname.....First Name..... Sex M / F (circle) Age U / ....

Address..... Phone No. ....

Email Contact.....Centre .....

Please circle **age group** and **events** entered (5 maximum)

<b>U6</b>	70m	100m						LJ			Shot		
<b>U7</b>	70m	100m						LJ			Shot		
<b>U8</b>	70m	100m	200m					LJ			Shot		
<b>U9</b>		100m	200m	400m	800m		80H	LJ		HJ	Shot		
<b>U10</b>		100m	200m		800m		80H	LJ	TJ		Shot		Disc
<b>U11</b>		100m	200m	400m		1500m	80H	LJ		HJ	Shot		
<b>U12</b>		100m	200m		800m		80H	LJ	TJ		Shot		Disc
<b>U13</b>		100m	200m	400m		1500m	80H	LJ		HJ	Shot	Jav	Disc
<b>U14</b>		100m	200m		800m		80/90H	LJ	TJ		Shot	Jav	
<b>U15</b>		100m	200m	400m		1500m	90/100H	LJ		HJ	Shot	Jav	Disc

Number of Events Entered ..... Payment Enclosed \$.....

Parent able to assist by officiating on the day? Yes / No

If Yes, What are your preferred event / s? .....

Parent contact Ph / Email .....

# DONCASTER L.A.C - OPEN DAY

## General Information



- Eligibility:** Athletes **must** be registered with Little Athletics Victoria (LAVic).
- Medals:** Medals for first 3 placegetters of finals. The organising committee reserves the right to cancel or combine age groups in events with less than three (3) competitors.
- Uniform:** Centre or Club Uniform with current IGA name and age patch attached **must** be worn.
- Spikes:** Cone Spikes (Max 7mm) may be worn by U12 – U15 athletes in laned track events and all jumps. LAVic Competition Regulations, Section 2.6
- Starting Blocks:** May be used in laned track events up to 400m by U12 – U15 athletes. Only blocks supplied by Doncaster LAC may be used.
- Age Group Progressions:** Progressions of one (1) age group will be permitted for events not offered in an athlete's age group.
- Food:** A variety of Hot Food, Cold Drinks, Sno Cones & Ice Creams will be available.
- Times:** 1<sup>st</sup> session – 1:00pm to 6:00pm  
2<sup>nd</sup> session – 6:30pm to 9:15pm approx.  
The organising committee reserves the right to amend the program if required on the day.



**A spectacular fireworks display will conclude the evening at approx 9:30pm.**

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***Return your completed entry form and payment to:***

[openday@doncasterlac.org.au](mailto:openday@doncasterlac.org.au)

**Doncaster LAC Open Day  
P.O. Box 1376  
Doncaster East Vic 3109**

**Must be received by Sunday 4<sup>th</sup> December 2011**